



Woodbridge Dermatology
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PATIENT'S INFORMED CONSENT FORM FOR SOFT TISSUE FILLERS (HYALURONIC ACID)

How and when Hyaluronic Acid implants should be used, the applicable contraindications and possible undesirable effects have been explained to me. I have replied in all honesty to all the questions put to me about my medical and cosmetic history. I have been given the chance to ask all the questions I wanted to and I have received satisfactory replies to all of them.

I have noted that:

- Hyaluronic Acid is a transparent, bio-resorbable gel based on cross-linked hyaluronic acid (and that it contains no animal-derived material).
- Hyaluronic Acid is injected into the dermis to correct wrinkles, folds and lines on the face, or to add bulk to the lips.
- Hyaluronic Acid stays in place for an average of 6-12 months. This period may be shorter or longer in some cases: it depends on skin-type, the site of injection, the amount injected and the injection technique. A follow-up injection a few weeks after the first procedure prolongs the effect and improves the results.

I have noted that reactions such as redness, edema, pain and itching may follow injection, as may an acne-like eruption. All these reactions are linked to the injection procedure itself and usually resolve after a few days.

I have also been told that, very rarely, lumps, sores, ulcers, abscesses and indurations – sometimes associated with redness and/or swelling – have been reported after the injection of hyaluronic acid. Such reactions may develop a matter of days or weeks after the injection. In all cases, these side effects disappeared with treatment although, in some subjects, they lasted several months. Occasionally, Hyaluronic Acid injections can trigger an outbreak of an underlying herpes cold sore infection. If this occur, a small sore can develop and a small scar, with or without redness or pigmentation may be permanent. It is very important to notify the doctor if you have even a remote history of cold sore so that prophylactic antiviral medications can be prescribed.

Rarely, filler injections can cause necrosis of the skin or blindness if an artery is injected. Bruises can occur if a vein is touched. For this reason, Dr. Nield prefers to use a cannula for most injections and has hyaluronidase on hand to counteract side effects.

I am aware of the recommendations on what to do before and after the injection and I undertake to comply with them. Now the Hyaluronic Acid procedure has been fully explained to me, I consent to have injection.

Patient's Name: _____

Patient's Signature: _____ **Date:** _____