



Woodbridge Dermatology
& Laser Centre

Dr. Gail L. Nield, M.D., FRCPC
Dr. Antony S. Nield, M.D.
NIELD & NIELD MEDICINE
PROFESSIONAL CORPORATION
301 - 8077 Islington Avenue
Woodbridge, ON L4L 7X7
(905) 851-1436 Fax: (905) 264-8847

Vivier TX Jessner Plus Information and Informed Consent Form

This is a unique blend of acids and other cosmeceutical ingredients which may help you improve in texture, tone and lessening of superficial lines and a healthy, more youthful look and feel with minimal "down time". Vivier TX Jessner Plus is safe and gentle for all skin types.

Indications: Hyperpigmentation such as sun spots, freckles and superficial pigmentation resulting from photo damage. Dramatic improvement in epidermal texture. Reduction of enlarged pores.

Patients with active cold sores or warts, wounded, sun burned, excessively sensitive skin, dermatitis or inflammatory Rosacea in the area to be treated should be excluded from the Vivier TX Jessner Plus because the procedure could potentially precipitate a flare-up or spreading. Inform the technician if you have a history of herpes simplex.

Patients with a history of allergies, rashes, or other skin reactions may be sensitive to treatment. Vivier TX Jessner Plus should not be performed on patients with allergies to salicylates, like Aspirin.

This peel is not recommended if you have taken Accutane within the past year, received chemotherapy or radiation therapy, have Vitiligo or any other Auto-Immune Disease.

This procedure should not be administered to pregnant or breastfeeding (lactating) women.

ONE WEEK BEFORE YOUR PEEL: Avoid the following procedures: **Electrolysis; Waxing; Depilatory Creams; Laser Hair Removal; Tanning; Any Cosmetic Facial Procedures.**

1. Stop using Retin-A, Renova, Differin (Adapalene 0.1%), or any products containing Retinol, AHA or BHA, Benzyl Peroxide.
2. Do not exfoliate.

AFTER YOUR VIVIER TX JESSNER PLUS:

1. **The peel must be left one for a minimum of eight (8) hours. It is a clear peel, but we do not recommend putting make up on over top.**
2. Patients with hypersensitivity to the sun should take extra precautions to guard against exposure immediately following the procedure. They may be more sensitive following the treatment.
3. Your skin may be more red than usual for 2 to 3 days. Please avoid strenuous exercise during this time.
4. Approximately 72 hours after the treatment, your skin will start to peel. This peeling will generally last 2 to 3 days.
Do not pick or pull the skin.
5. When washing your face, do not scrub. Use a gentle cleanser that does not contain soap.
6. Apply light moisturizer as often as needed to relieve dryness and tightness.
7. Always use a sunscreen with an SPF of at least 30, and avoid direct sunlight throughout the entire time you are having peels. **NO TANNING BEDS!**
8. Do not have any other facial treatments for at least one week after your peel.
9. You may resume the regular use of Retin-A, alpha-hydroxy acid (AHA) products or bleaching creams one week after the peel and do not use products if your skin remains irritated.

CALL THIS OFFICE IMMEDIATELY IF YOU HAVE ANY UNEXPECTED PROBLEMS AFTER THE PROCEDURE.

By my signature below, I agree to photographs being taken to evaluate treatment effectiveness, for medical education, training, professional publication or sales purposes. No photographs revealing my identity will be used without my written consent. If my identity is not revealed, these photographs may be used and displayed publicly without my permission. I acknowledge that I read "Vivier TX Jessner Plus Information and informed Consent" and understand it. I have been given the opportunity to ask questions and my questions have been answered to my satisfaction. I have been adequately informed of the risks and benefits of this treatment and wish to proceed with the Vivier TX Jessner Plus.

Patient Signature

Print Name

Date